

2022

# Andrews County Health Assessment Results



# ANDREWS COUNTY HEALTH ASSESSMENT RESULTS

## TABLE OF CONTENTS

**ANDREWS COUNTY COMMUNITY HEALTH SURVEY ..... 2**

- BACKGROUND ..... 2**
- PATIENT DEMOGRAPHICS..... 2**
- COMMUNITY HEALTH PERSPECTIVE..... 8**
- PERCEIVED FACTORS FOR A HEALTHY COMMUNITY..... 10**
- PERCEIVED HEALTH PROBLEMS, RISKY BEHAVIOR, AND BARRIERS ..... 11**

**ANDREWS COUNTY COMMUNITY HEALTH LISTENING SESSIONS ..... 14**

- BACKGROUND ..... 14**

**COMPARING RESPONSES OF HEALTH SURVEY AND LISTENING SESSIONS ..... 19**

- THE TOP 5 GREATEST ADVANTAGES TO LIVING IN ANDREWS COUNTY..... 19**
- THE TOP 5 MOST IMPORTANT FACTORS FOR A HEALTHY COMMUNITY ..... 20**
- THE TOP 5 MOST CONCERNING “HEALTH PROBLEMS” IN ANDREWS COUNTY..... 21**
- THE TOP 5 MOST CONCERNING “RISKY BEHAVIORS” IN ANDREWS COUNTY..... 21**
- MOST VULNERABLE GROUPS IN ANDREWS COUNTY ..... 22**
- TOP 3 BARRIERS TO ACHIEVING GOOD HEALTH IN ANDREWS COUNTY ..... 22**

**SWOT ANALYSIS..... 23**

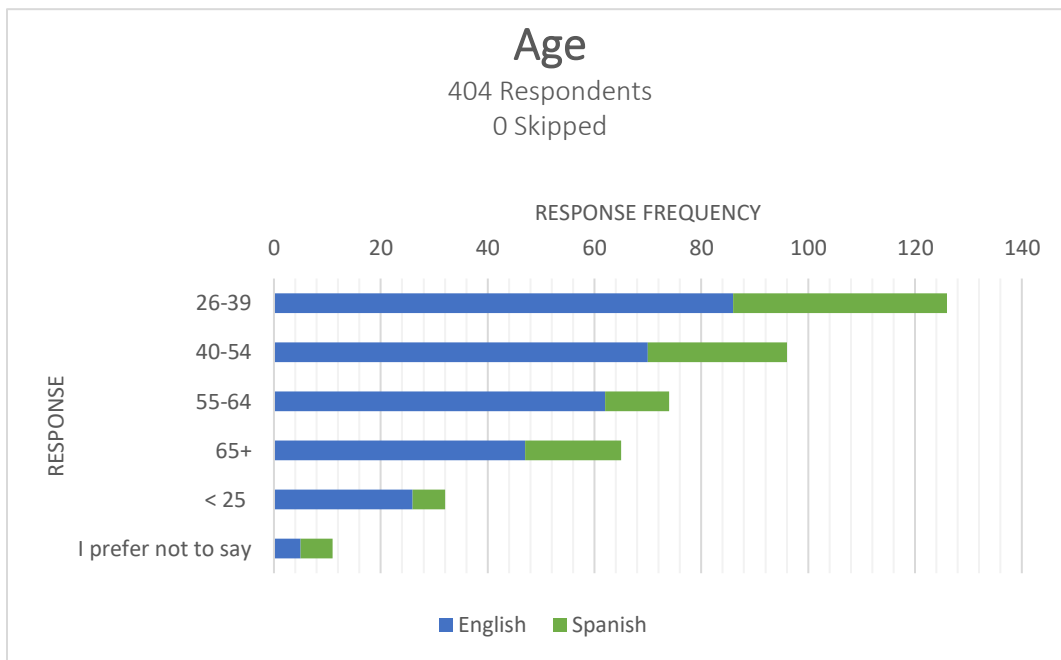
# ANDREWS COUNTY HEALTH ASSESSMENT RESULTS

## Andrews County Community Health Survey

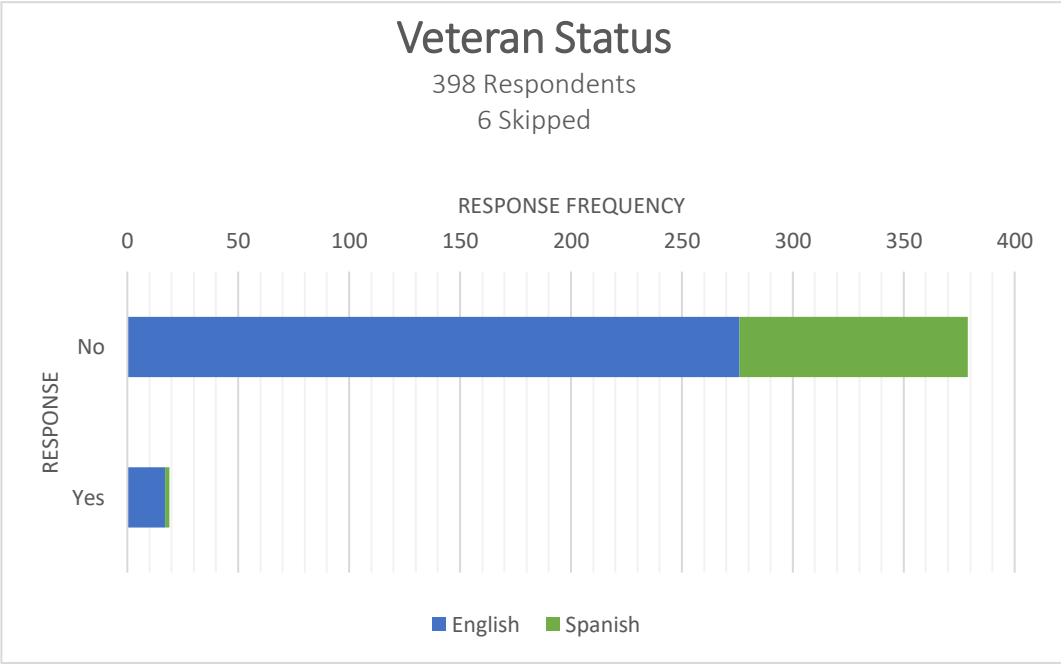
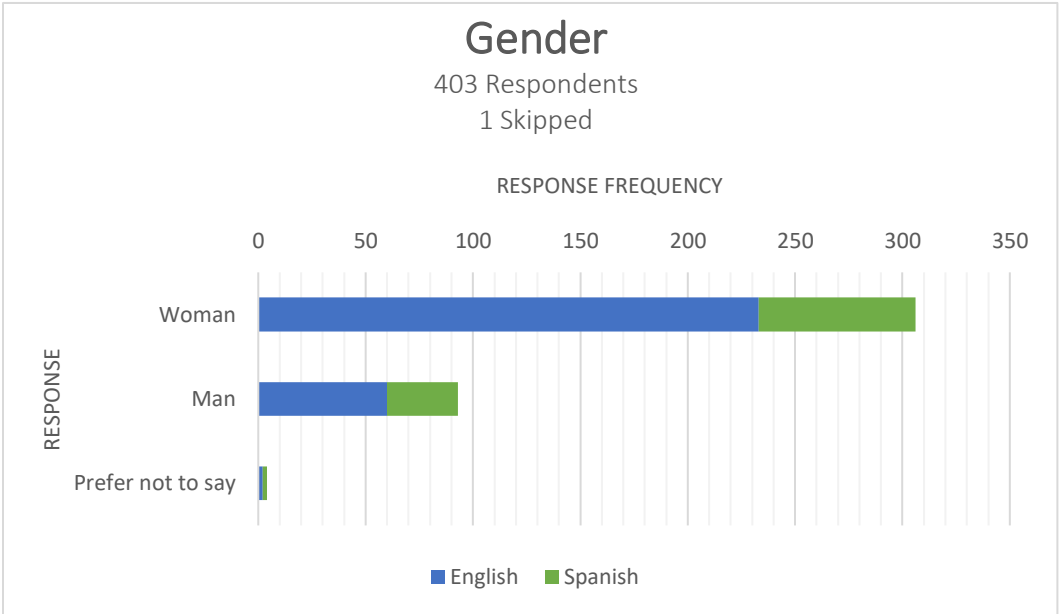
### Background

On March 29<sup>th</sup>, 2022 a voluntary and anonymous survey was launched in English and Spanish to determine what was important to those living in Andrews. The survey remained open for 5 weeks and 3 days. Questions were carefully written to be inclusive and cover a range of topics. A power analysis was completed to determine the minimum number of surveys needed for statistical significance. A total of 377 surveys were needed at a 95% confidence level based on a total population 18,610 (2020). The total number of surveys completed was 404, 27% in Spanish and 73% in English. Below are the results from all the surveys.

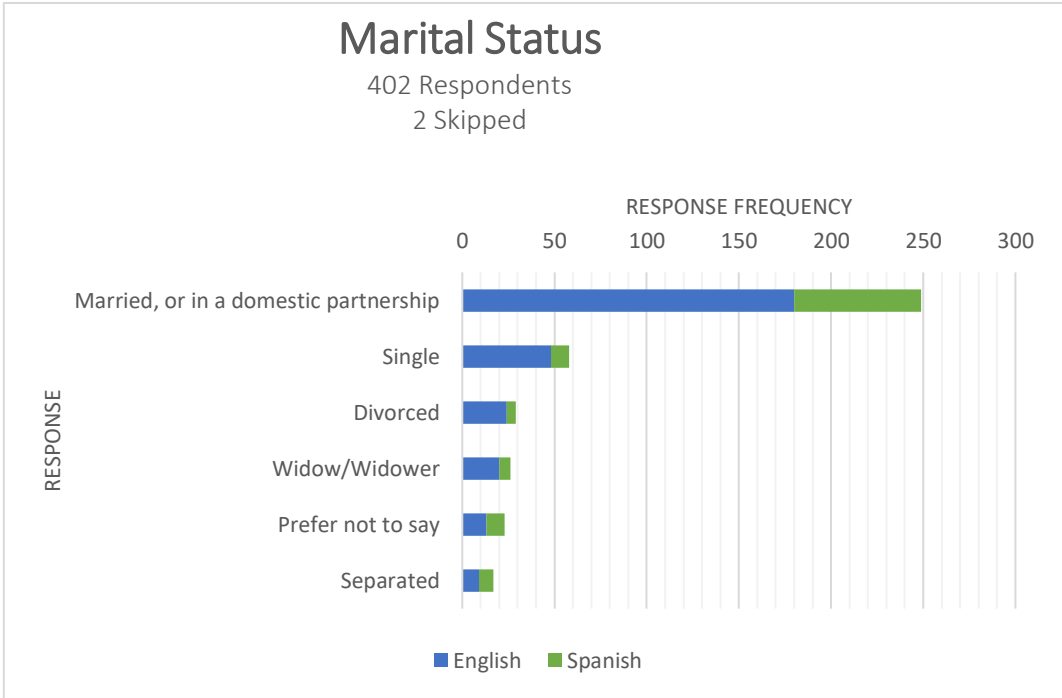
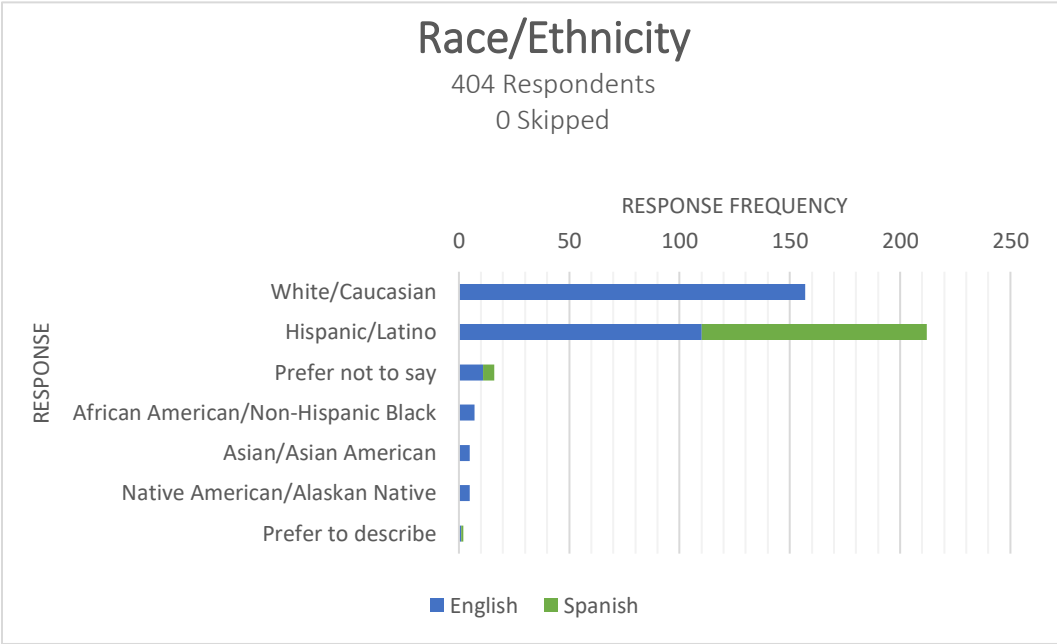
### Patient Demographics



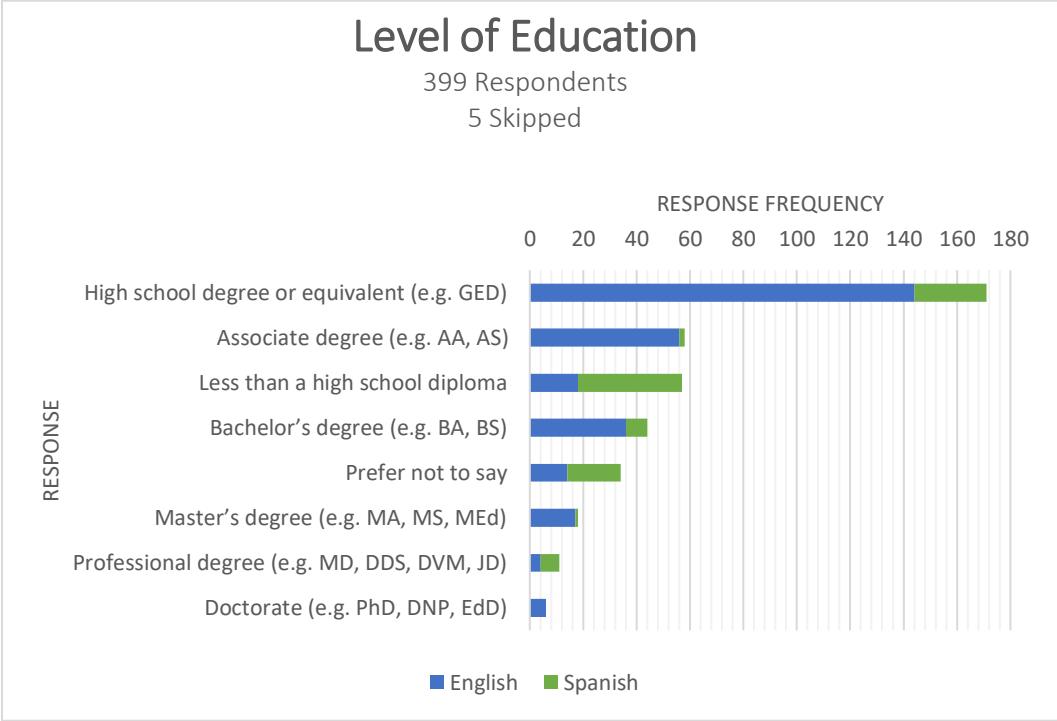
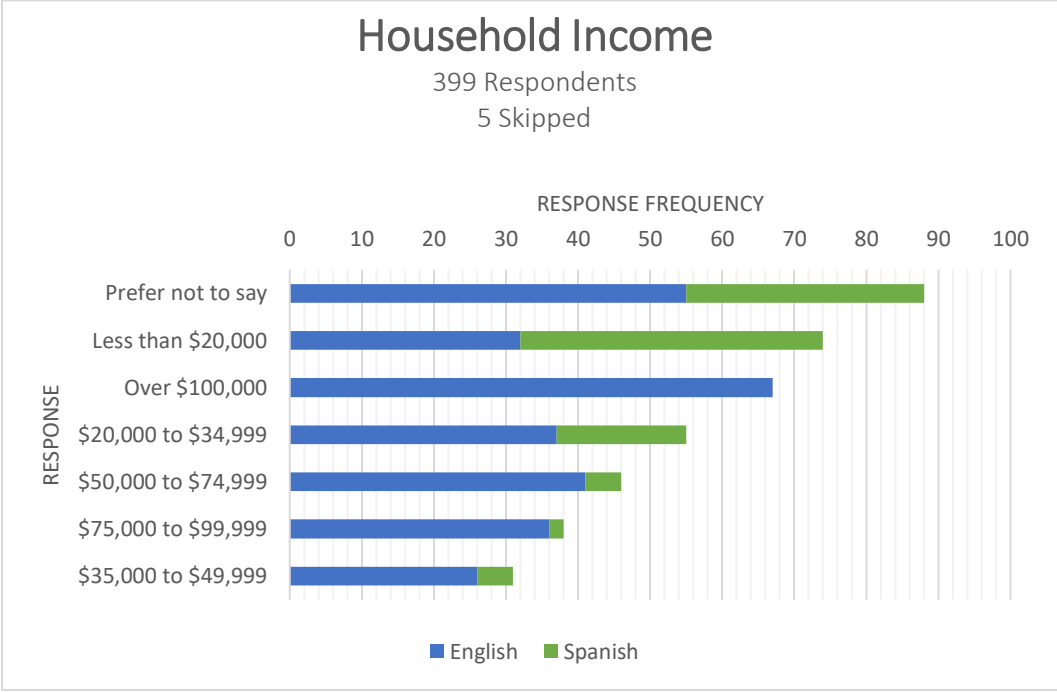
# ANDREWS COUNTY HEALTH ASSESSMENT RESULTS



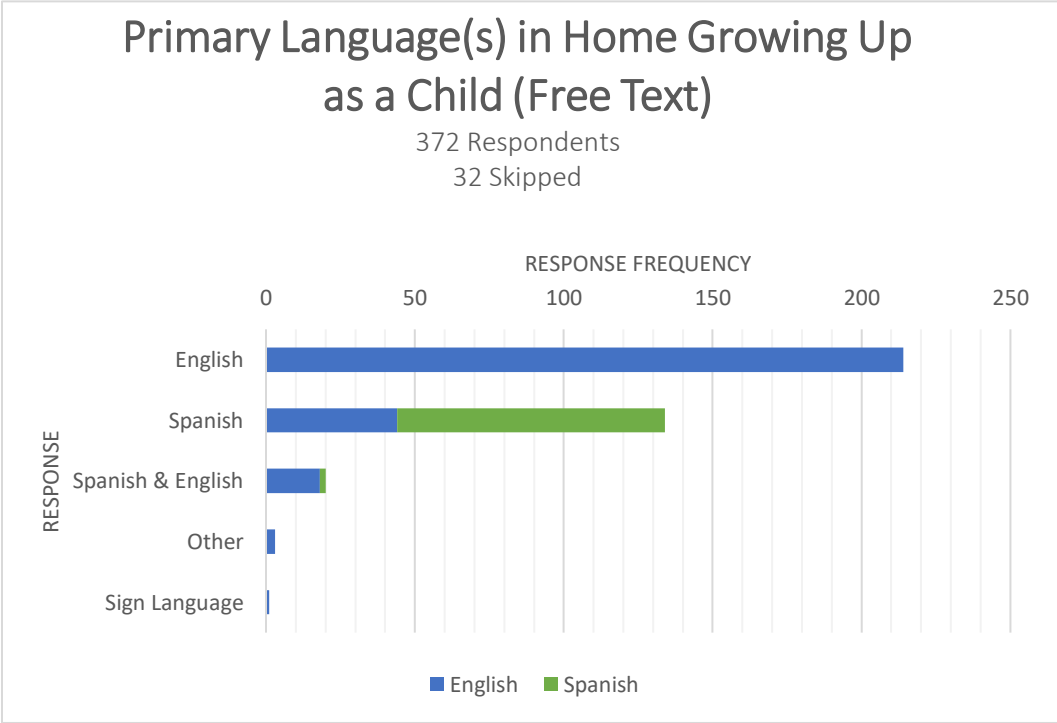
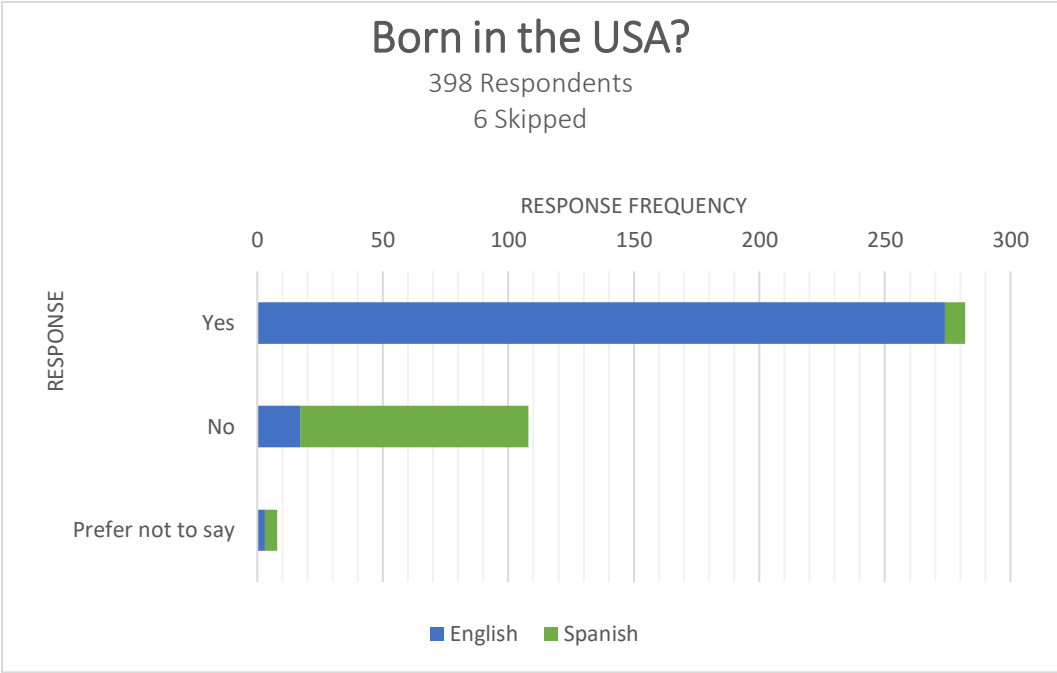
# ANDREWS COUNTY HEALTH ASSESSMENT RESULTS



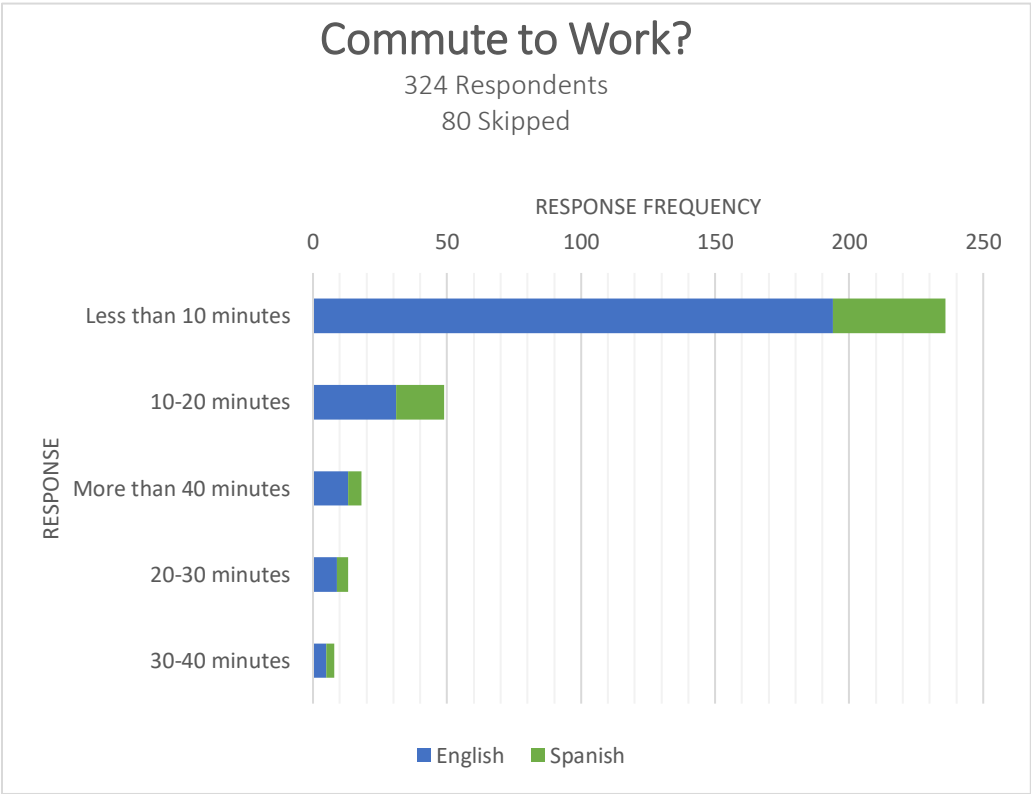
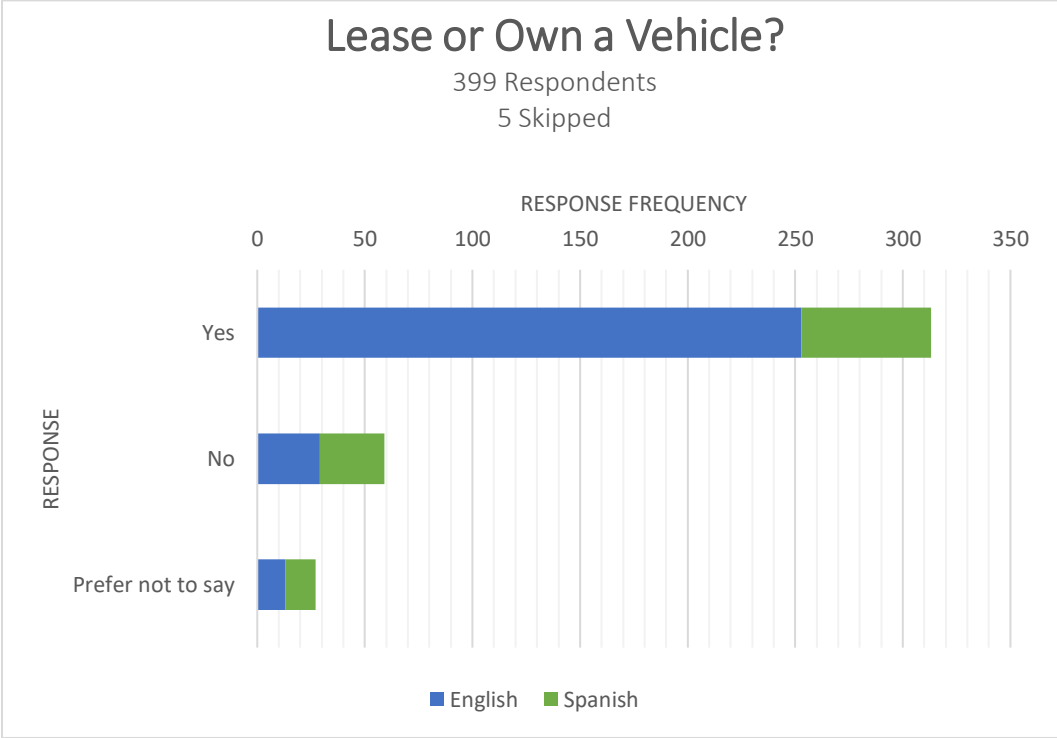
# ANDREWS COUNTY HEALTH ASSESSMENT RESULTS



# ANDREWS COUNTY HEALTH ASSESSMENT RESULTS

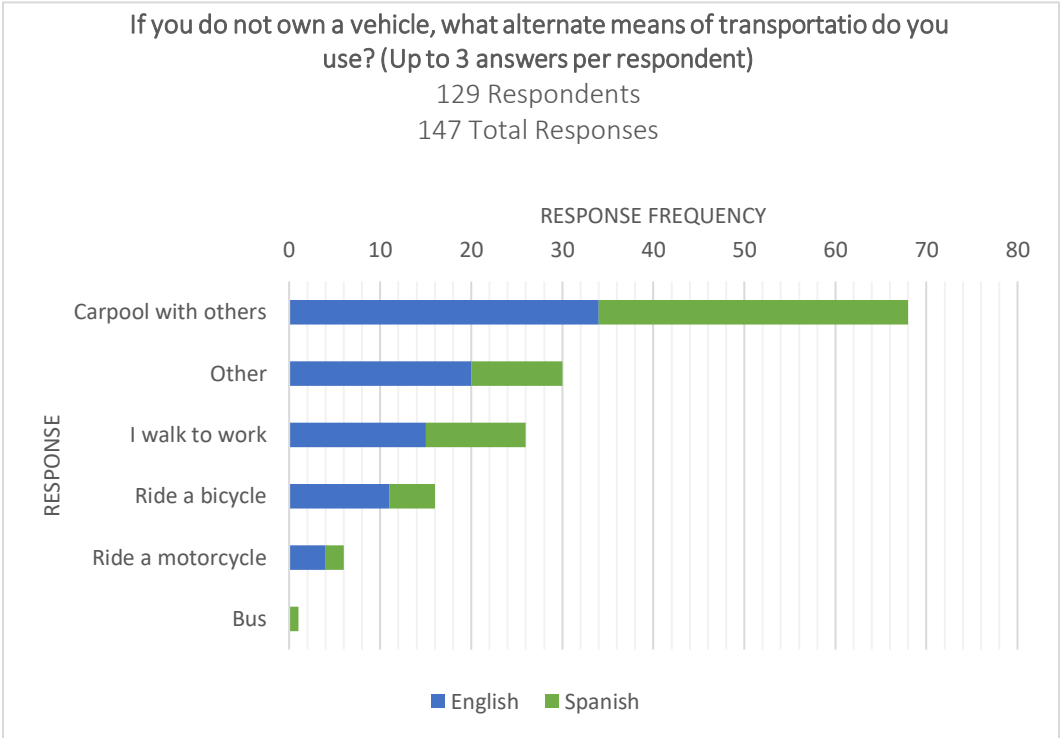


# ANDREWS COUNTY HEALTH ASSESSMENT RESULTS

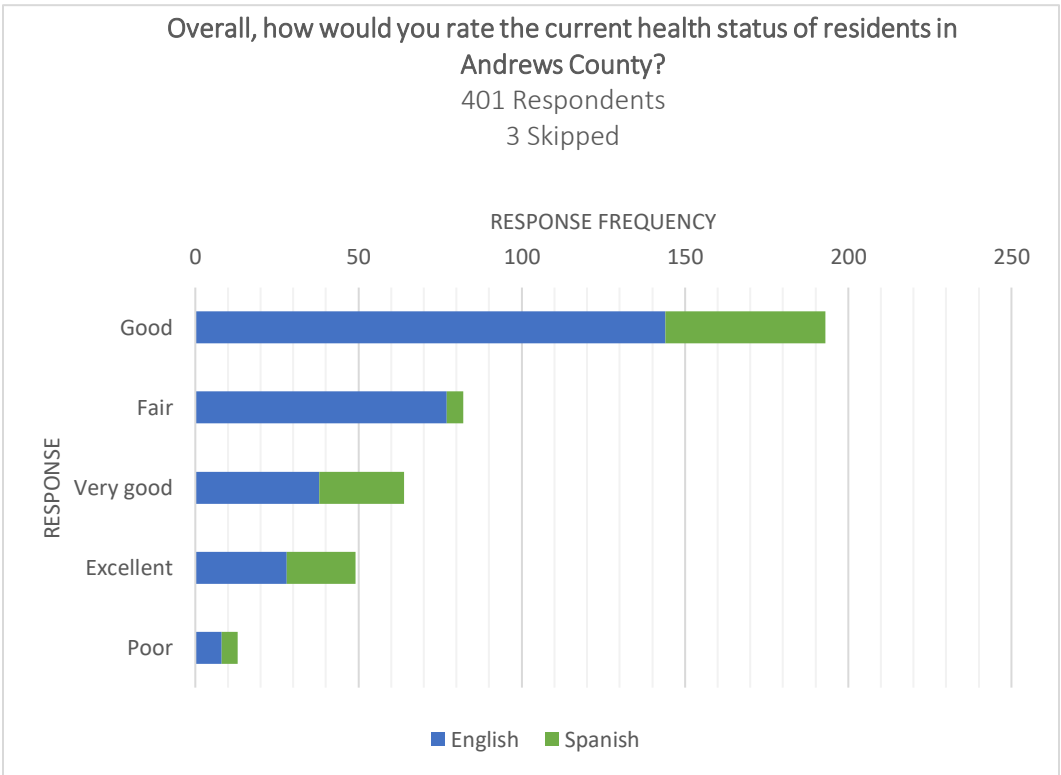




# ANDREWS COUNTY HEALTH ASSESSMENT RESULTS



## Community Health Perspective

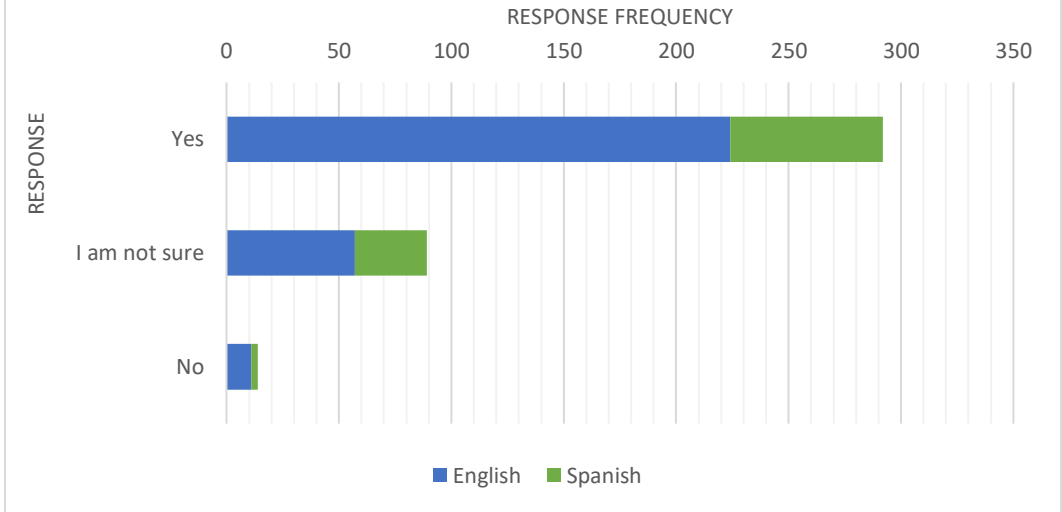


# ANDREWS COUNTY HEALTH ASSESSMENT RESULTS

**Q10 - Are preventive care services available to you in Andrews County?**  
 Preventive care services include visits to your primary care provider,  
 annual physical exams, and healthcare screenings (e.g. for diabetes,  
 high blood pressure)

395 Respondents

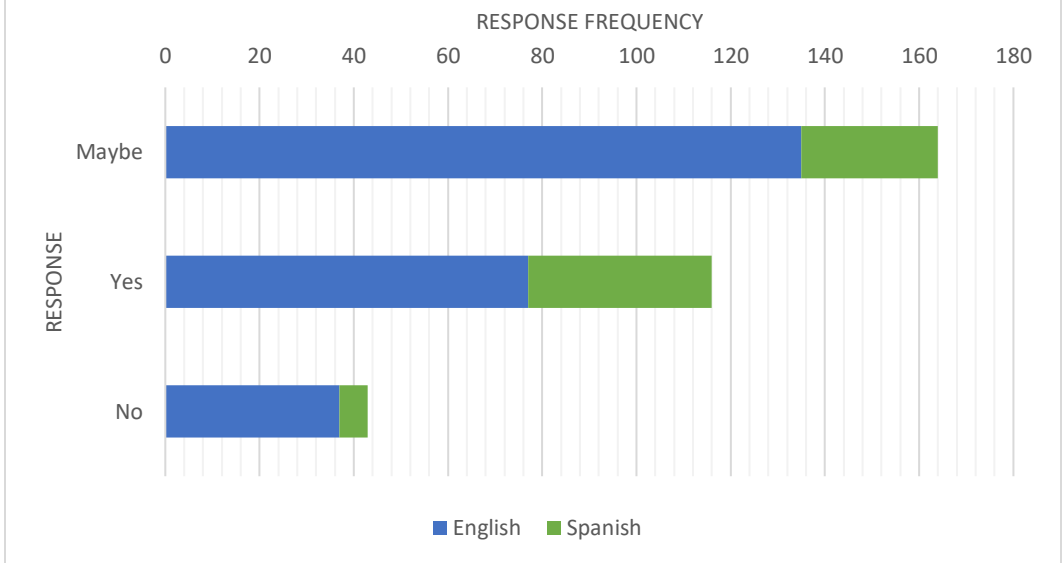
9 Skipped



**If your answer to Question 10 is "Yes," do you think other members of  
 the community utilize these services?**

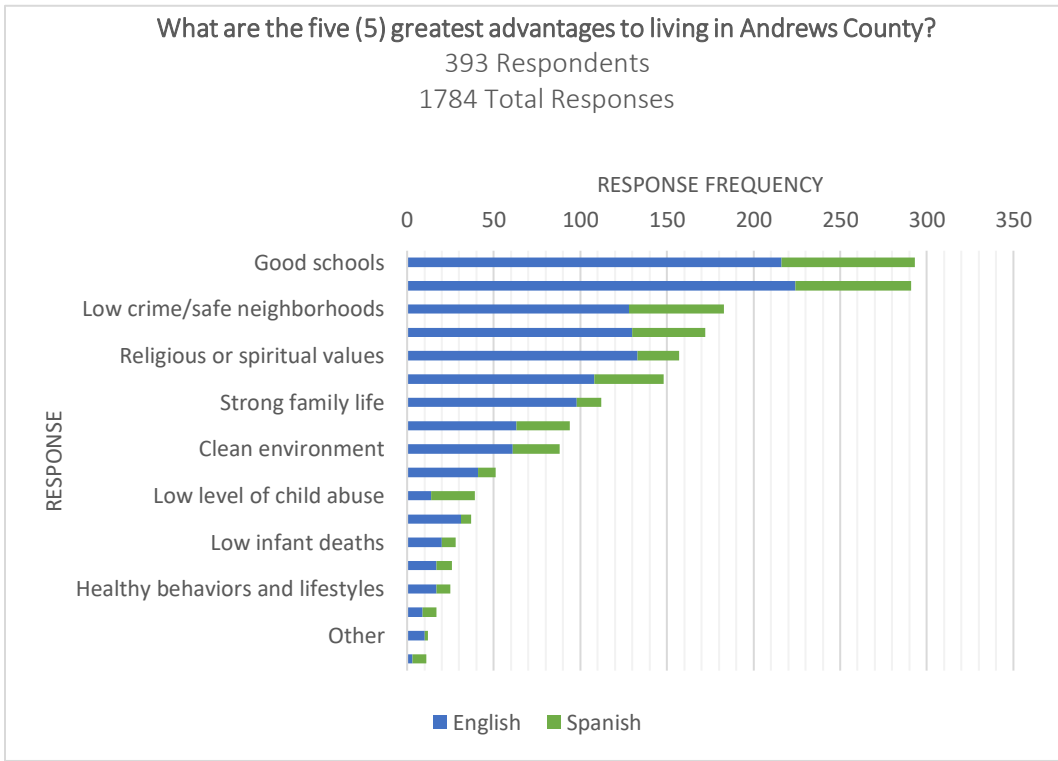
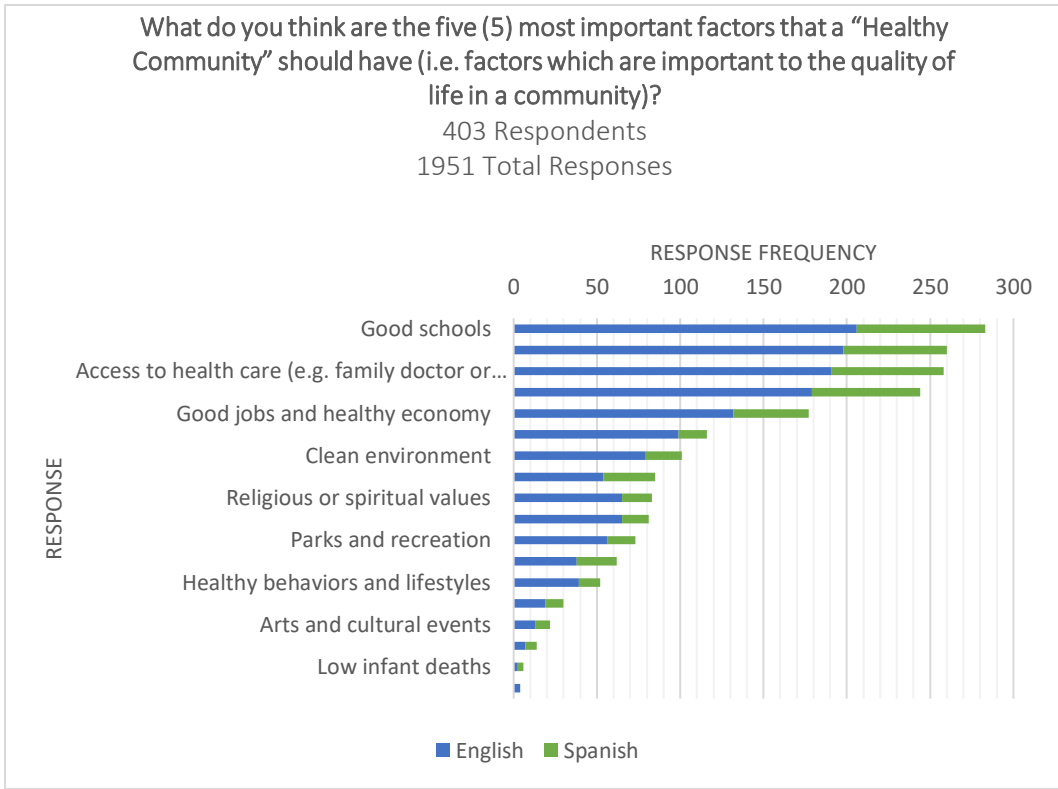
323 Respondents

81 Skipped



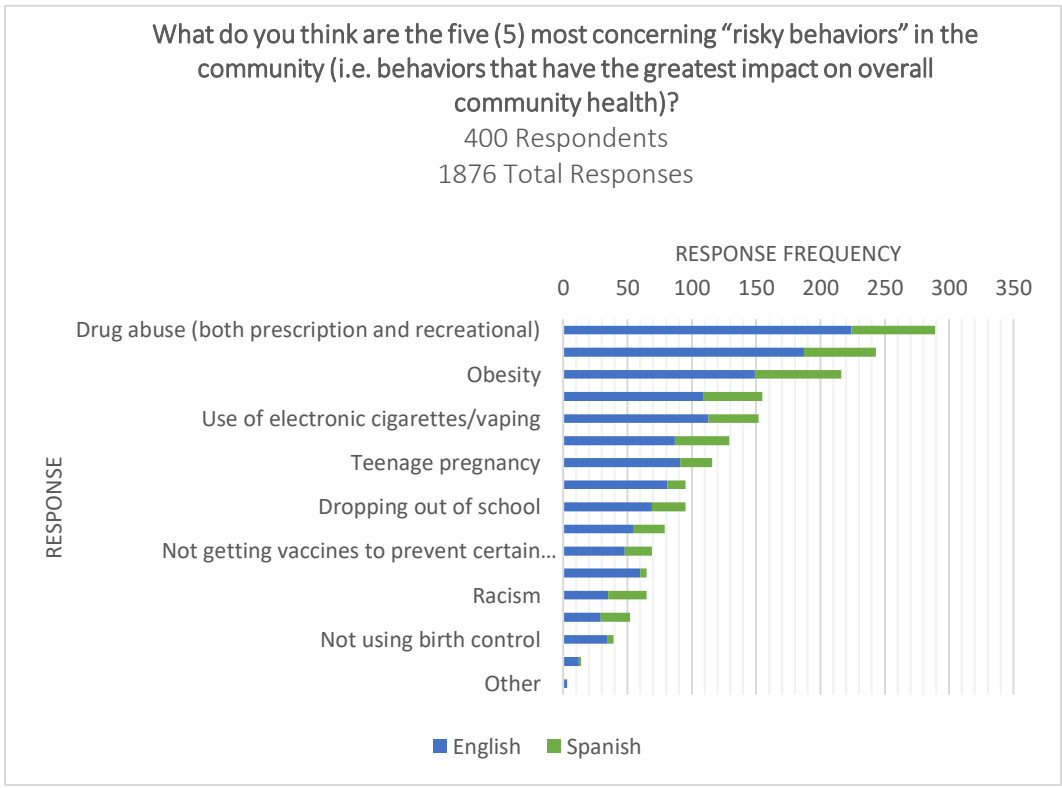
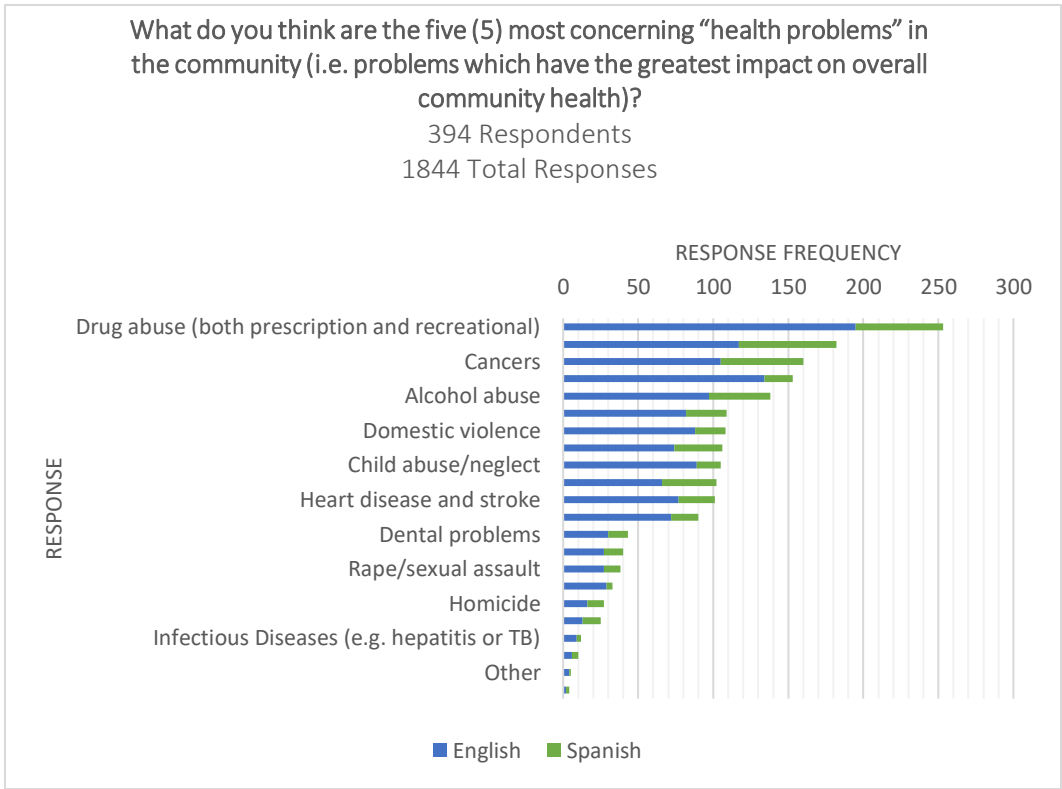
# ANDREWS COUNTY HEALTH ASSESSMENT RESULTS

## Perceived factors for a healthy community

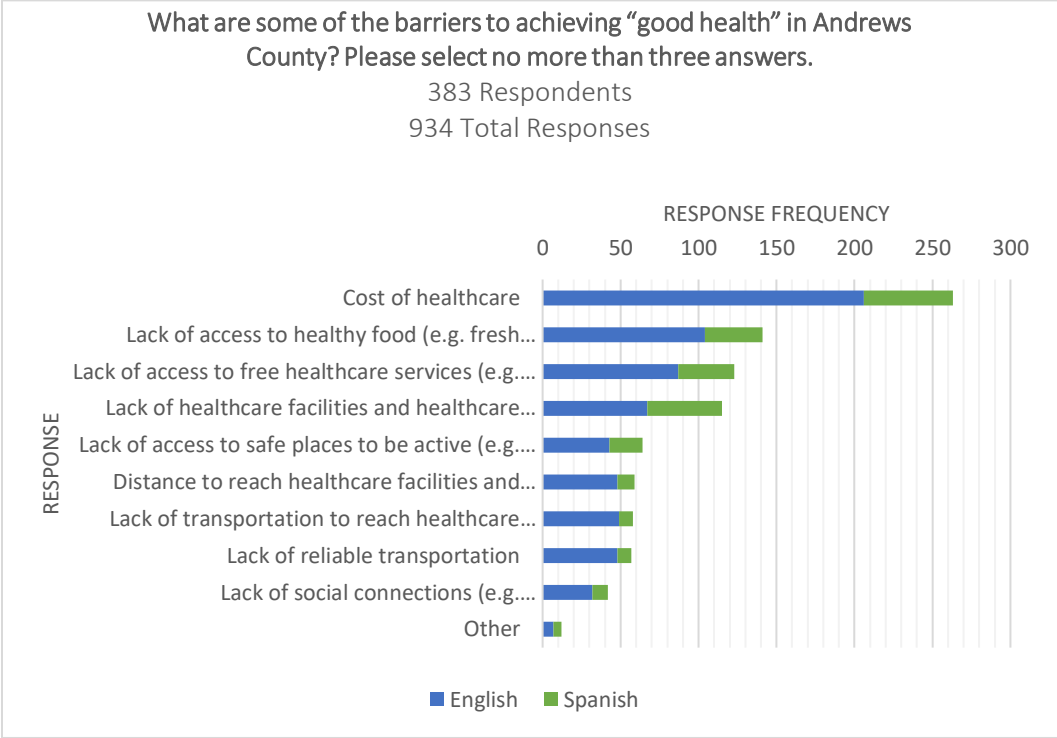


# ANDREWS COUNTY HEALTH ASSESSMENT RESULTS

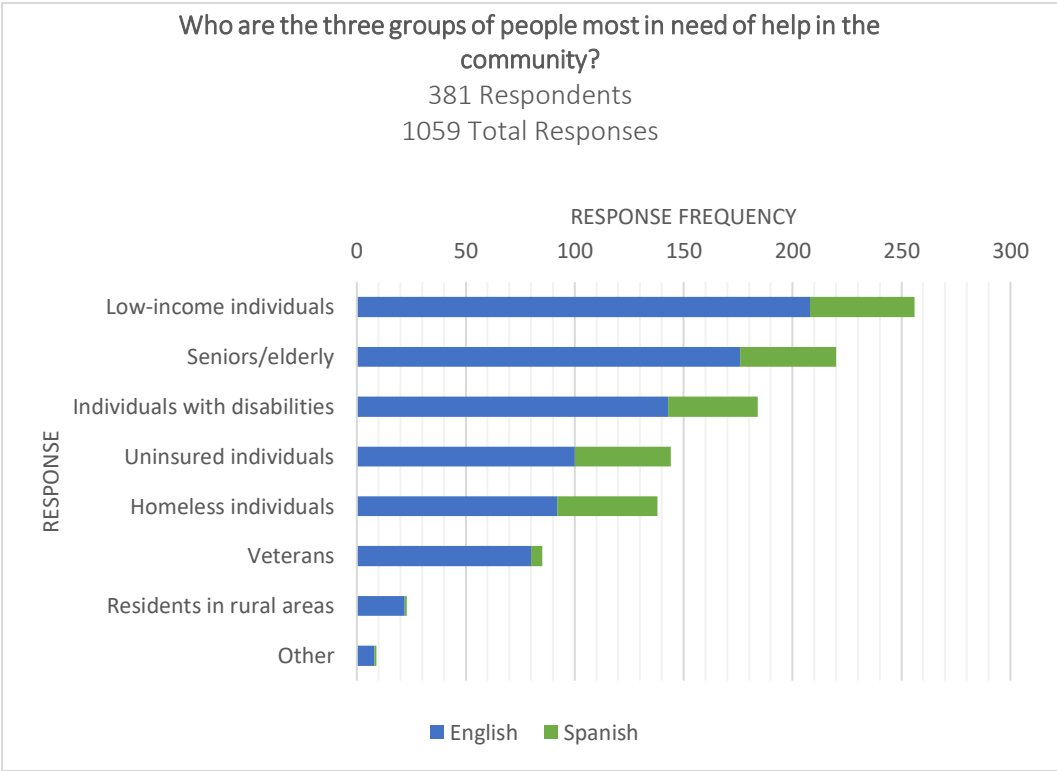
## Perceived health problems, risky behavior, and barriers



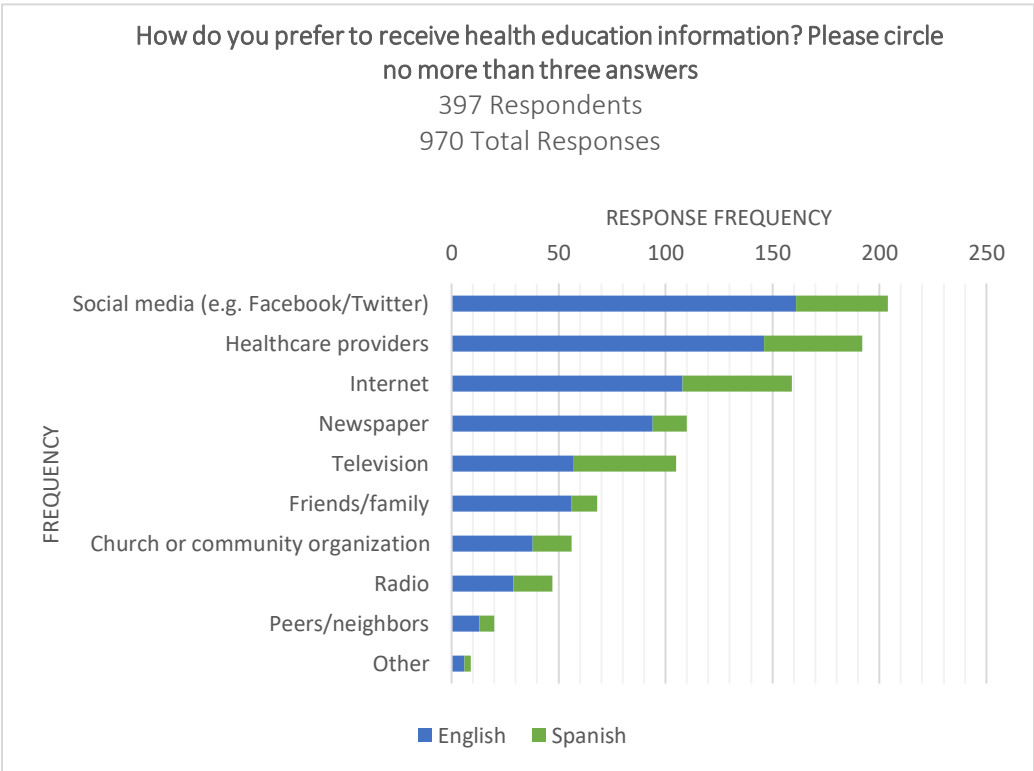
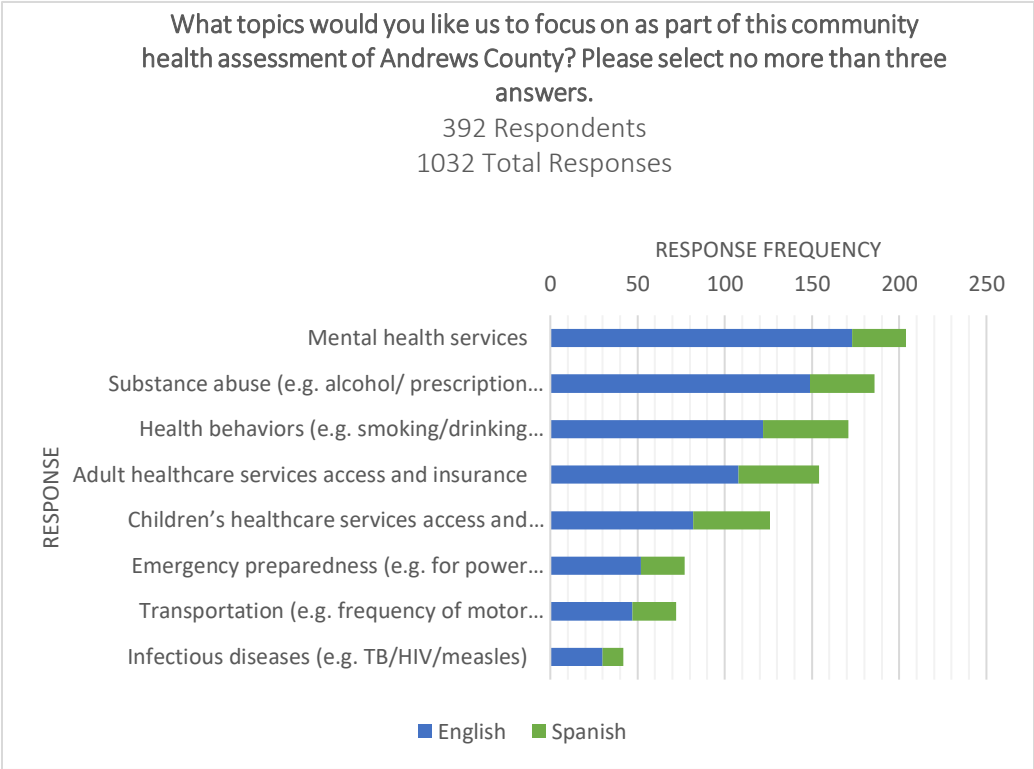
# ANDREWS COUNTY HEALTH ASSESSMENT RESULTS



### Most vulnerable groups, priority areas, and communication methods



# ANDREWS COUNTY HEALTH ASSESSMENT RESULTS









## ANDREWS COUNTY HEALTH ASSESSMENT RESULTS

**Q4: In your opinion, what do you think are the most concerning “risky behaviors” in the community (behaviors that have the greatest impact on overall community health)?**



Social media trend challenges, drug abuse, bullying at schools, teen unprotected sexual activity, and unhealthy food/fast food consumptions are the top reported behavioral issues. **Context:** Several themes emerged from this question, including risky sexual behaviors and unprotected, sex trafficking and prostitution, and substance abuse, all of which many felt were related to the instability of oilfield worker salaries and the influx of people from out of town. Bullying seemed to be a topic that came up at several of the sessions, as did fast food consumption. Fatigue, both mental and physical, as well as poor sleep habits, also contributed to risky health behaviors.

## ANDREWS COUNTY HEALTH ASSESSMENT RESULTS

Q5: Who in the community are you most concerned about?



Both young (teens) and elderly groups are the most reported groups. Single / Young mothers, low-income families, and foreign-language speakers are also mentioned. **Context:** Four groups of people were mentioned. Adolescents, age 12-14 mainly, who were subjected to bullying and increased social media pressure. Young men were also mentioned and were thought to be at risk of being involved in domestic violence and at-risk for substance use disorders. Young women, specifically young mothers, may be single and have less support/resources and a lack of parenting skills. They are also at risk for social media overuse and have limited access to childcare. The last group mentioned was elderly, who are subjected to money scams and elder abuse.

# ANDREWS COUNTY HEALTH ASSESSMENT RESULTS

**Q6: What do you think keeps people from living their best life in Andrews? - what keeps you from living your dreams or being in top health?**



Lack of health specialists/providers, job opportunities, entertainment, and nutrition education are the top listed items. **Context:** Many things were mentioned that were lacking in the community – safe entertainment such as pool halls, bike trails, and bowling establishments. The participants mentioned a lack of activities for young people. They also felt that there was a lack of centralized communication regarding upcoming community activities. Nutrition and other health classes were mentioned as a way to enhance health, as well as an increased number of specialized medical providers. One interesting recommendation was to provide financial planning services for oilfield workers based on the volatility of their income. Lastly, generalized kindness was felt to be something that could improve quality of life.

# ANDREWS COUNTY HEALTH ASSESSMENT RESULTS

## Comparing Responses of Health Survey and Listening Sessions

### The top 5 greatest advantages to living in Andrews County

The responses from Community Health Survey Question 05 (What are the five (5) greatest advantages to living in Andrews County?) was compared to the first question asked in the Community listening sessions (What are some of the benefits of living in Andrews - What do you like about living here? (Why I LOVE Andrews)). The comparison is shown in Table 18 below.

<b>Table 18. 5 Greatest advantages to living in Andrews County</b>			
<b>Rank</b>	<b>English</b>	<b>Spanish</b>	<b>Listening Session</b>
<b>1</b>	Good place to raise children	Good Schools	"Good School"
<b>2</b>	Good Schools	Good place to raise children	"Safe Community"
<b>3</b>	Religious or Spiritual values	Low Crime/Safe Neighborhoods	"Friendly People"
<b>4</b>	Good jobs & healthy economy	Good jobs & healthy economy	
<b>5</b>	Low Crime/Safe Neighborhoods	Access to healthcare	

## ANDREWS COUNTY HEALTH ASSESSMENT RESULTS

### The top 5 most important factors for a healthy community

The responses from Community Health Survey Question 01 (What do you think are the five (5) most important factors that a “Healthy Community” should have?) was compared to the second question asked in the Community Listening Sessions (What makes Andrews a healthy community?). The comparison is shown in Table 19 below.

<b>Table 19. 5 Most important factors for Healthy Community</b>			
<b>Rank</b>	<b>English</b>	<b>Spanish</b>	<b>Listening Session</b>
<b>1</b>	Good Schools	Good Schools	"Parks"
<b>2</b>	Low Income/Safe Neighborhood	Access to Healthcare	"Health Department/Providers"
<b>3</b>	Access to Healthcare	Good place to raise children	"Community Support"
<b>4</b>	Good place to raise children	Low Crime/Safe Neighborhoods	
<b>5</b>	Good jobs & Healthy Economy	Good jobs & Healthy Economy	

# ANDREWS COUNTY HEALTH ASSESSMENT RESULTS

## The top 5 most concerning “Health Problems” in Andrews County

The responses from Community Health Survey Question 02 (What do you think are the five (5) most concerning “health problems” in the community?) was compared to the third question asked in the Community Listening Sessions (What do you think are the top concerning health problems in Andrews?). The comparison is shown in Table 20 below.

<b>Table 20. 5 Most Concerning "Health Problems"</b>			
<b>Rank</b>	<b>English</b>	<b>Spanish</b>	<b>Listening Session</b>
<b>1</b>	Drug Abuse	Diabetes	"Diabetes"
<b>2</b>	Mental Health	Drug Abuse	"Hypertension"
<b>3</b>	Diabetes	Cancers	"Obesity"
<b>4</b>	Cancers	Alcohol Abuse	"Lack of Mental Health Services"
<b>5</b>	Alcohol Abuse	Aging Problems	

## The top 5 most concerning “Risky Behaviors” in Andrews County

The responses from Community Health Survey Question 03 (What do you think are the five most concerning “risky behaviors” in the community?) was compared to the fourth question asked in the Community Listening Sessions (In your opinion, what do you think are the most concerning “risky behaviors” in the community?). The comparison is shown in Table 21 below.

<b>Table 21. 5 Most Concerning "Risky Behaviors"</b>			
<b>Rank</b>	<b>English</b>	<b>Spanish</b>	<b>Listening Session</b>
<b>1</b>	Drug Abuse	Obesity	"Social media trend challenges"
<b>2</b>	Alcohol Abuse	Drug Abuse	"drug abuse"
<b>3</b>	Obesity	Alcohol Abuse	"bullying at schools"
<b>4</b>	Use of Electronic Cigs/Vapes	Poor eating habits	"unprotected teenage sexual activity"
<b>5</b>	Poor eating habits	Lack of exercise	"Unhealthy food/fast food con"

# ANDREWS COUNTY HEALTH ASSESSMENT RESULTS

## Most vulnerable groups in Andrews County

The responses from Community Health Survey Question 05 (Who are the three groups of people most in need of help in the community?) was compared to the fifth question asked in the Community Listening Sessions (Who in the community are you most concerned about?). The comparison is shown in Table 22 below.

Table 22. Top 3 Groups Most in Need			
Rank	English	Spanish	Listening Session
1	Low-income	Low-income	"Young/teens"
2	Seniors/Elderly	Homeless	"Elderly"
3	People with disabilities	Seniors/Elderly	"Single/Young mothers"
			"Low-income families"
			"Foreign-language speakers"

## Top 3 barriers to achieving good health in Andrews County

The responses from Community Health Survey Question 07 (What are some of the barriers to achieving "good health" in Andrews County?) was compared to the sixth question asked in the Community Listening Sessions (What do you think keeps people from living their best life in Andrews?). The comparison is shown in Table 23 below.

Table 23. Top 3 Barriers to Achieving Good Health			
Rank	English	Spanish	Listening Session
1	Cost of healthcare	Cost of healthcare	"Lack of health specialist/providers"
2	Lack of Access to healthy food	Lack of health facilities	"Job opportunities"
3	Lack of access to free healthcare services	Lack of access to healthy foods	"Entertainment"
4			"Nutrition Education"

# ANDREWS COUNTY HEALTH ASSESSMENT RESULTS

## SWOT Analysis

SWOT	Helpful	Harmful
Internal	<p style="text-align: center;"><b>STRENGTHS</b></p> <ul style="list-style-type: none"> <li>• Strong Health Department connected to community multiple health services and visible to community members</li> <li>• Community Stakeholders/Partners</li> <li>• Epidemiology services to enhance snapshot of community health status and report health threats</li> <li>• Strong First Responder system</li> <li>• Small community, family oriented</li> <li>• Policy-makers invested in community health</li> <li>• Peaceful and clean environment</li> <li>• No traffic of big city</li> <li>• Strong school system with vocational training options</li> <li>• Community desire to address issues</li> </ul>	<p style="text-align: center;"><b>WEAKNESSES</b></p> <ul style="list-style-type: none"> <li>• Limited collaboration with key organizations (i.e. School district)</li> <li>• Past failures</li> <li>• Small community apathetic / stagnant (limited growth)</li> <li>• Young people moving away in search of opportunity</li> <li>• Small communities have biases/ power differential (large pay gap)</li> <li>• Substance abuse</li> <li>• No mental health services or medical specialist services</li> <li>• Older population – falls, isolation, scams, lack of resources.</li> <li>• Overall apathy for healthier community / health behaviors.</li> <li>• Obesity and chronic illness</li> <li>• Young people perceive school system as not meeting needs</li> </ul>
External	<p style="text-align: center;"><b>OPPORTUNITIES</b></p> <ul style="list-style-type: none"> <li>• Environment – parks, recreation, youth services/activity, senior center</li> <li>• Oilfield resources / project funding</li> <li>• Financial Advising / income management courses r/t volatile oilfield industry</li> <li>• Political / social factors</li> <li>• Opportunity for offering mental health services and substance use treatment</li> <li>• Faith-based organizations involved in community service</li> <li>• Central communication of community events/health activities and services</li> <li>• Safe entertainment options</li> <li>• Affordable childcare and parental support for young mothers</li> <li>• First responder “lift-assist” protocol.</li> <li>• Nutrition classes</li> </ul>	<p style="text-align: center;"><b>THREATS</b></p> <ul style="list-style-type: none"> <li>• Volatility of economic resources (oilfield) for workers involved</li> <li>• Motor vehicle accidents related to oilfield industry</li> <li>• Influx of people traveling for oilfield work</li> <li>• Political/social factors</li> <li>• Lack of Mental Health Services</li> <li>• Faith-based org. are not united in efforts</li> <li>• Bullying in schools and athletics (i.e. not all kids welcome to join “select” athlete teams - exclusive)</li> <li>• Social media</li> <li>• Conservative approach to sex education</li> <li>• Fast food consumption/availability</li> <li>• Limited healthy food sources (one grocery store)</li> </ul>